

Lunch Prices: Student: FREE Adult Meal: \$5.00

**CONNETQUOT ELEMENTARY & PRE-K GLUTEN FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

KEY:  
Gluten Free  
Modified GF

**BRUNCH FOR LUNCH**  
French Toast Sticks  
Chicken Sausage  
Corn

Mozzarella Sticks  
Marinara Sauce  
Roasted Broccoli

**NACHO GRANDI**  
Tortilla chips w/ Taco  
Meat & Cheese  
Black Beans

**Cheeseburger or  
Hamburger**  
French Fries

**Pizza Friday!!!**  
Fresh Homemade  
Pizza  
Carrots

Cheesy Max Sticks  
Marinara Sauce  
Roasted Broccoli

**Chicken Nuggets**  
WG Dinner Roll  
Black Beans

**Cheeseburger or  
Hamburger**  
French Fries

Cheesy  
Mac & Cheese  
Roasted Broccoli

**Pizza Friday!!!**  
Fresh Homemade  
Pizza  
Carrots

**BRUNCH FOR LUNCH**  
Dutch Waffle  
Chicken Sausage  
Carrots

**NACHO GRANDI**  
Tortilla chips w/ Taco  
Meat & Cheese  
Black Beans

**Chicken Nuggets**  
WG Dinner Roll  
Broccoli



**MEMORIAL DAY**

**BRUNCH FOR LUNCH**  
Dutch Waffle  
Turkey Sausage Patty  
Black Beans

**Chicken Nuggets**  
WG Dinner Roll  
Corn

Mozzarella Sticks  
Marinara Sauce  
Roasted Broccoli

**Pizza Friday!!!**  
Fresh Homemade  
Pizza  
Carrots

Dairy Offerings: Upon REQUEST. Gluten Free Bagel with Butter or Low-Fat Cream Cheese, Yogurt. Cheese Stick. Chicken Tenders. Fresh Made to Order: Ham, Turkey, and American Cheese on Gluten Free bread. Chef Salad with Cheese. Parfait. Tuesday & Thursday - Cheesy Grilled Cheese on Gluten Free Bread. \*All Meals Served with Vegetables of the Day, Choice of Milk, Fresh Fruit & 100% Fruit Juice

\* Menu Subject to change